## 1. CALIBRATE

You can use a ruler or common coins to confirm the printed elements on this page are the correct size.
A. $\begin{aligned} & \text { Place a real ruler against this printed one to } \\ & \text { ensure it is accurate. }\end{aligned}$
B. $\mid$

Place a coin on the matching circle. You should be able to see the printed circle around the coin with no space or gaps.


## 2. MEASURE

Then choose one of the following methods to size your ring size:
A. $\mid$ string

Use a piece of dental floss or non-elastic string and wrap it nicely around your 2nd knuckle (larger one) of your finger. Use an ink or felt pen to carefully mark the point where the string overlaps. Compare the length between the two marks to the chart below to find your ring size.

B. $\mid$ RING

Find a ring that fits you well. It should be a wide band style ring with no gem, feature, or cabochon so it can lay flat on the table or a level surface. Place the ring over the circle below that fits best within the inside of the ring. The circle should be as close to the inside circumference of the ring as possible.


